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DANCE THERAPY and an Introduction to Movement Pathology

WORKSHOP

Dr. Miriam Roskin Berger, ADTR, LCAT

BIOGRAPHY

Dr. Berger is currently the Director of the Dance Therapy Program at the Harkness Dance Center of the 92nd Street Yin New York, and teaches dance therapy at New York University, where she was Director of Dance Education Program 1992 to 2002. A pioneer in dance therapy, she was the Director of the Creative Arts Dept. at Bronx Psychiatric Center from 1970 to 1991.

A founding member of the American Dance Therapy Association, she was its President 1994-1998, and Chair of the National Coalition of Creative Arts Therapies Association 2001-2003. She serves as the Chair of the International Panel of the ADTA, and received the ADTA's Marian Chace Award for fostering the international growth of dance therapy. In 2007, the ADTA awarded her a Lifetime Achievement Award. A past editor of the *American Journal of Dance Therapy*, she currently serves on its editorial board, and also in the boards of *Arts in Psychotherapy* and the *Journal of Dance Education*.

Dr. Berger has presented dance therapy workshops and papers at many conferences, and has directed dance therapy training programs in the Czech Republic, Sweden and the Netherlands. She has also taught workshops in Brazil, England, France, Germany, Greece, Korea, Norway, Poland, Russia and Taiwan.

WORKSHOP PROGRAM for July 11, 12, 13

This workshop will cover in-depth the elements of a dance therapy session, using the construct of the 5 part session: Warm-up, Release, Theme, Centering, and Closure. We will work on both individual and group structures, and the possible roles of the dance therapist. We will examine the creation of meaning through movement, with specific explorations of movement interventions and verbal interventions. We will clarify the development of themes from images, from movement, from emotions. There will be exploration of the creative process in dance therapy. We will focus on the observation of movement behavior, using Laban Movement Analysis concepts. There will also be an Introduction to the Movement Psychodiagnostic Inventory (MPI), an instrument for assessing movement pathology.

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Univerza v Ljubljani, Pedagoška fakulteta
Podiplomski program specializacije
Pomoč z umetnostjo – umetnostna terapija
Koordinatorica dr. Breda Kroflič, izr. prof.

Ljubljana, 3. februar 2006

**Sodelovanje gospe Gordane Mahne Omeragić, MA
v izvajanju programa Pomoč z umetnostjo – umetnostna terapija**

Na Univerzi v Ljubljani, Pedagoški fakulteti poteka od leta 1996 podiplomski študijski program specializacije iz pomoči z umetnostjo – umetnostne terapije.

K izvajanju programa so vsako leto povabljeni sodelavci, strokovnjaki za različna področja umetnostne terapije iz različnih evropskih in drugih držav.

Med njimi je tudi gospa **Gordana Mahne Omeragić, MA plesne terapije**, ki prispeva k realizaciji študijskega programa plesne terapije, še posebej s področja Labanove metode opazovanja in analize gibanja (Laban Movement Observation and Movement Analysis). S svojim pedagoškim delom omogoča študentom specializantom pridobivanje temeljnih praktičnih in teoretičnih spoznanj o človekovem gibanju, funkcionalni anatomiji in fiziologiji ter o metodah opazovanja in analiziranja človekovega vsakdanjega, delovnega, športnega, plesnega gibanja v vzgojno-izobraževalnem, svetovalnem in terapevtskem procesu.

Prispevek gospe Gordane Mahne Omeragić k izvajanju študijskega programa je zelo dragocen, ker strokovnjakov za to teoretsko in aplikativno področje gibalno plesne terapije v Sloveniji še nimamo. Zato računamo na nadaljnje plodno sodelovanje s strokovnjakom kot je gospa Gordana Mahne Omeragić.

Dr. Breda Kroflič, izredna profesorica
Koordinatorica in nosilka podiplomskega programa
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